

Coaching at Work Annual Conference 4th July 2018 Holiday Inn, Bloomsbury, London

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THREE WAKE UP MOMENTS

Love the Lineage and Change the Game

July 2018 CLAIRE GENKAI BREEZE

origins of coaching SPORTS COACHING



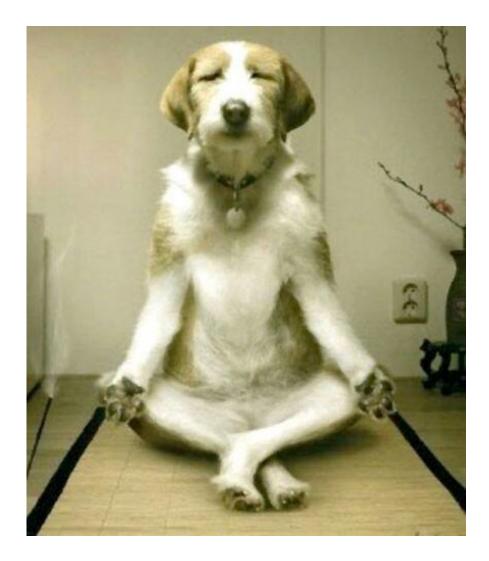
Origins of Coaching PSYCHOTHERAPY AND COUNSELLING



I Started Very Young...



A Corporate Contemplative



Three Wake Up Moments



Wake Up 1: Keeping Pace



Wake Up 2: Master Coachee



Wake Up 3: Roll It All In



How Am I Altered by This?

- The practice of not knowing
- The practice of bearing witness
- The practice of compassionate action

Future Wake Ups?

- Crowd coaching?
- Personal Coaching Avatar?
- Biometric feedback coaching in real time?
- Moving the way of EAPs?



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