

Can we coach the person and not the disorder?

Useful Reading

The impact of Adverse Childhood Experiences

<https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/about.html>

<http://www.wales.nhs.uk/sitesplus/888/page/88505>

<https://acestoohigh.com/2016/09/08/7-ways-childhood-adversity-changes-a-childs-brain/>

Dr Lucy Johnstone

A Straight Talking Guide to Psychiatric Diagnosis <https://www.pccs-books.co.uk/products/sti-diagnosis>

The Power Threat Meaning Framework <https://www.bps.org.uk/news-and-policy/introducing-power-threat-meaning-framework>

Toxic Stress and childhood development

<https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>

A critique of the DSM

<https://www.nhs.uk/news/mental-health/news-analysis-controversial-mental-health-guide-dsm-5/>